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The Tiverton Senior Center

207 Canonicus Street
Tiverton, RI 02878
Telephone: 401-625-6790
Email: seniorcenter@tiverton.ri.gov



APRIL 2025

The Center will close at noon on Friday, April 18th in observance of Good Friday.

Thursday, April 3rd at 10:15 a.m.: ART for



Your Mind : *Norman Rockwell Remembered*

Art For Your Mind, LLC is an engaging, educational, art observation experience designed to broaden the minds of its participants. Programs are for people of all backgrounds – artists and non-artists alike. The featured topic, ***Norman Rockwell Remembered***, offers a chance to experience a selection of beloved Rockwell images. Discover how surprisingly sophisticated his illustrations are while learning about his techniques and inspirations. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself to see in new ways!



BOOK GROUP: Tuesday, April 15th at 10:15 a.m. This month's book is: ***Manhattan Beach*** by Jennifer Egan~ Large print books are available in the office. *Book Lovers* welcome anytime. This program is possible with the assistance of the Tiverton Public Library's Deb Estrella and Maureen Iwanski. New members are always welcome!



Janet Holmes
Director

SPECIAL EVENT: The Larchmont Remembered~

Thursday, April 17th at 10:15 a.m. join long-time monthly columnist for the Providence Journal,

Daniel Harrington, and discover the amazing story of New England's Most Horrific Sea Disaster: The February 12, 1907 sinking of the ***Larchmont*** ~ **FREE to attend**



Angela DaPonte
Assistant Director

Betsy Sowin
Office Assistant

Paul Anderson
Bus Driver

Phil Ferreira
Patrick Pieri
Maintenance

Nanci Lambert
Dining Supervisor

Norma Gossic
Volunteer Extraordinaire

Manny Fontes
Maintenance Emeritus

Introducing Yoga Stretch with Lisa Connor~ This class encourages you to develop body & breath awareness with a focus inward creating a 'meditation in motion' exploring multiple yoga positions. April classes will be on Fridays: April 11th & 25th from 2:15-3:15 p.m. ~ \$3

**ART with Kristen
Friday April 11th
1:00 p.m.
Springtime Painting~
\$15 per person**

ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room
Learn Ukulele with Otis-Mondays, 1:00—2:00 p.m.
Functional Fitness with Deb—Mondays & Wednesdays at 9:00 a.m.
Quilting for Charity meets every **Monday** at 10:00 am-3:00 pm
Pitch League- Hi, Lo, Jack meets **Mondays** at 12:30-3:00 p.m.
Chair Yoga with Shirley—**Tuesdays** at 9:00 a.m. Class fee is \$3 per class.
Drums Alive! with Jessica-**Tuesdays** at 12:45 p.m. Class fee is \$3 per class.
Painting with Shawndavid **Tuesdays** 2:00-3:30 pm \$25 for 6-week session or \$5 wkly
Book Club Tuesday, April 15th at 10:15 a.m. “Manhattan Beach”
Mah Jongg– Tuesdays and Fridays, 10:00 a.m.-3:00 p.m.
Cribbage Wednesdays: 12:30-3:00 p.m.; **Chorus –Wed.** at 12:30 p.m./Lounge;
Live Music-Dining Room **Wednesdays:** 12:30-3:00 p.m
Balance & Mobility with Jess-**Thursdays** at 9:00 a.m. Class fee is \$3/members
CENTER MEETING will be held on **Thursday, April 24th** at 10:15 a.m.
BINGO-**Thursdays,** April 3, 10, 17, 24 1:00-3:00 PM Start Promptly at 1:00
Knitting for Charity-**Thursdays** at 1:00-3:00 p.m.
Zumba with Jessica—**Fridays** at 9:00 a.m. Fee is \$3.00 per class (new time)
Line Dancing with JoAnn—Most **Fridays** after lunch: 12:45 p.m. Free & FUN!



Thursdays @ 1:00 Sharp
April 3, 10, 17, 24

LEARN MAHJONGG with Ann Marie begins Monday, April 14th at 9:00 a.m. Sign Up in Office~ Space is limited ~ Cost is \$15 (for 2025 Mahjongg card)

COME ENJOY OUR OWN PIANO MAN, Sandy Cook—

Wednesdays, 12:30-3:00 p.m.
 Be sure to wear your dancing shoes!

TECH TIME with Kristin!—Second Thursday of the month – April 10th at 10:00 a.m. Kristin Amaral, Technology Coordinator from the Tiverton Public Library will help with all your technical issues, especially smart phones!

CAREGIVER SUPPORT GROUP
 Caregiver Support Group will meet on Mondays, April 14th and 28th at 2:30 p.m.
 Facilitator: Janet Grapentine

Terri Gomes from Visiting Nurse Home & Hospice will be providing blood pressure checks on Thursday, April 17th from 10:00-11:30 a.m.; sign up in the office

YOGA STRETCH w/ Lisa Connor
April 11 & 25
2:15-3:15 \$3



APRIL 2025			
Janice Warren	01	Ana Roias	15
Del Cangiano	04	Robert Smith	15
Rose Marie Teixeira	06	Nancy Carignan	19
Valerie Withers	07	Ernest Mercier	20
Susan Pimental	08	Donald Raposa	20
Guy Gibbs	08	Nancy Said	22
Howard Paine Jr	09	Pat Magno	22
Joseph Araujo	09	Patricia Medeiros	25
Theresa McCaffrey	09	Mary Bender	26
Debra Gagnon	11	Kathleen Macedo	26
Kathy Majkut	11	Karen Wedge	27
Loren Bryan	12	Kevin Noyes	27
Joyce Freitas	14	Ida Lawlor	27
		Yuri Cabral	28
		Katherine Caramos	29
		Sandra Parquette	29

CENTER MEETING
Thursday, April 24th @10:15

Welcome Back Paul! Our bus service for Tiverton seniors is on Tuesdays, Wednesdays and Thursdays. (Later start of Thursdays for folks to attend BINGO). Please call 401-625-6790 to reserve your spot. Bus trips are not individualized. Shopping bags are limited to four bags per person.

