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Janet Holmes
Director

Angela DaPonte Assistant Director

Betsy Sowin
Office Assistant

Paul Anderson
Bus Driver

Phil Ferreira Patrick Pieri Maintenance

Nanci Lambert Dining Supervisor

Norma Gossic Volunteer Extraordinaire

Manny Fontes
Maintenance Emeritus

The Tiverton Senior Center

207 Canonicus Street Tiverton, RI 02878 Telephone: 401-625-6790

Email: seniorcenter@tiverton.ri.gov

APRIL 2025



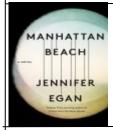
The Center will close at noon on Friday, April 18th in observance of Good Friday.

Thursday, April 3rd at 10:15 a.m.: ART for

MTFor Your Mind. Your Mind: Norman Rockwell Remembered

Art For Your Mind, LLC is an engaging, educational, art observation experience designed to broaden the minds of its participants. Programs are for people of all backgrounds – artists and non-artists alike. The featured topic, Norman Rockwell Remembered, offers a chance to experience a selection of beloved Rockwell images. Discover how surprisingly sophisticated his illustrations are while learning about his techniques and inspirations. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself to see in new ways!





BOOK GROUP: Tuesday, April 15th at 10:15 a.m. This month's book is: Manhattan Beach by Jennifer Egan~ Large print books are available in the office. Book Lovers welcome anytime. This program is possible with the assistance of the Tiverton Public Library's Deb Estrella and Maureen Iwanski. New members are always welcome!

SPECIAL EVENT: The Larchmont Remembered~

Thursday, April 17th at 10:15 a.m. join long-time monthly columnist for the Providence Journal,

Daniel Harrington, and discover the amazing story of New England's Most Horrific Sea Disaster: The February 12, 1907 sinking of the Larchmont ~ FREE to attend



Introducing Yoga Stretch with Lisa Connor~This class encourages you to develop body & breath awareness with a focus inward creating a 'meditation in motion' exploring multiple yoga positions. April classes will be on Fridays: April 11th & 25th from 2:15-3:15 p.m. ~ \$3

ART with Kristen
Friday April 11th
1:00 p.m.
Springtime Painting~
\$15 per person

ACTIVITIES AT A GLANCE

TOPS - Monday at 9:00 a.m. in Game Room

Learn Ukulele with Otis-Mondays, 1:00—2:00 p.m.

Functional Fitness with Deb—Mondays & Wednesdays at 9:00 a.m.

Quilting for Charity meets every Monday at 10:00 am-3:00 pm

Pitch League- Hi, Lo, Jack meets Mondays at 12:30-3:00 p.m.

Chair Yoga with Shirley—Tuesdays at 9:00 a.m. Class fee is \$3 per class.

Drums Alive! with Jessica-Tuesdays at 12:45 p.m. Class fee is \$3 per class.

Painting with Shawndavid Tuesdays 2:00-3:30 pm \$25 for 6-week session or \$5 wkly

Book Club Tuesday, April15th at 10:15 a.m. "Manhattan Beach"

Mah Jongg- Tuesdays and Fridays, 10:00 a.m.-3:00 p.m.

Cribbage Wednesdays: 12:30-3:00 p.m.; Chorus –Wed. at 12:30 p.m./Lounge;

Live Music-Dining Room Wednesdays: 12:30-3:00 p.m

Balance & Mobility with Jess-Thursdays at 9:00 a.m. Class fee is \$3/members

CENTER MEETING will be held on Thursday, April 24th at 10:15 a.m.

BINGO-Thursdays, April 3, 10, 17, 24 1:00-3:00 PM Start Promptly at 1:00

Knitting for Charity-Thursdays at 1:00-3:00 p.m.

Zumba with Jessica—**Fridays** at 9:00 a.m. Fee is \$3.00 per class (new time) Line Dancing with JoAnn—Most Fridays after lunch: 12:45 p.m. Free & FUN!

LEARN MAHJONGG with Ann Marie begins Monday, April 14th at 9:00 a.m. Sign Up in Office~ Space is limited ~ Cost is \$15 (for 2025

Mahjongg card)



Thursdays @ I:00 Sharp April 3, 10, 17, 24

COME ENJOY **OUR OWN** PIANO MAN.

Sandy Cook-



Wednesdays, 12:30-3:00 p.m. Be sure to wear your dancing shoes!

TECH TIME with Kristin!-Second Thursday of the month - April 10th at 10:00 a.m. Kristin Amaral, Technology Coordinator from the Tiverton Public Library will help with all your technical issues, especially smart phones!

CAREGIVER SUPPORT GROUP



Caregiver Support Group will meet on Mondays, April 14th and 28th at 2:30 p.m. Facilitator: Janet Grapentine

Terri Gomes from Visiting Nurse Home & Hospice will be providing blood pressure checks on Thursday, April 17th from 10:00-11:30 a.m.; sign up in the office

YOGA STRETCH w/ Lisa Connor **April II & 25** 2:15-3:15 \$3

APRIL 2025

Hapi

Janice Warren 01 Del Cangiano 04 Rose Marie Teixeira 06 Valerie Withers 07 Susan Pimental 80 Guy Gibbs 80 **Howard Paine Jr** 09 Joseph Araujo 09 Theresa McCaffrey 09 Debra Gagnon 11 Kathy Majkut 11 12 Loren Bryan Joyce Freitas 14

Ana Roias 15 Robert Smith 15 19 **Nancy Carignan Ernest Mercier** 20 **Donald Raposa** 20 Nancy Said 22 22 Pat Magno Patricia Medeiros 25 Mary Bender 26 Kathleen Macedo 26 Karen Wedge 27 **Kevin Noyes** 27 **Ida Lawlor** 27 Yuri Cabral 28 **Katherine Caramos 29** Sandra Parquette 29

CENTER **MEETING** Thursday, April 24th @10:15



Welcome Back Paul! Our bus service for Tiverton seniors is on Tuesdays, Wednesdays and Thursdays. (Later start of Thursdays for folks to attend BINGO). Please call 401-625-6790 to re-

serve your spot. Bus trips are not individualized. Shopping bags are limited to four bags per person.